Jones County School District 37-3

PO Box 109 • Murdo, SD 57559

Grades K-6   **Grades 7-12**
305 Jefferson Ave.   404 Jackson Ave.
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March 23, 2021

Dear Parent or Guardian,

The South Dakota Department of Health has informed us that a student in our school building has been diagnosed with COVID-19. We are alerting parents to be watchful for children with symptoms suggestive of COVID-19 illness during the next 10-14 days. If your child is identified as being a close contact to the COVID-19 case, the SD-DOH will contact you.

Symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- Loss of taste or smell
- Sore Throat
- Congestion or runny nose
- Nausea, Vomiting or Diarrhea

The COVID-19 virus is spread from person-to-person, mainly through respiratory droplets produced when an infected person coughs or sneezes. Spread is more likely to occur when people are in close contact with one another (within 3 feet for at least 15 minutes).

If your child develops symptoms of any contagious disease, including COVID-19, do not send him/her to school. If a healthcare provider is contacted, follow all directions on care and testing. Precautions to avoid illness:

- Wash your hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer
- Cover your mouth and nose with a cloth face cover when around others
- Avoid close contact with people who are sick
- Refrain from touching your eyes, nose and mouth
- Cover your coughs and sneezes with a tissue
- Clean frequently touched surfaces and objects
- Individuals at higher risk for severe COVID-19 illness, such as older adults or people who have chronic medical conditions like heart, lung or kidney disease, should take actions to reduce your risk of exposure (https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html)

Sincerely,

Lorrie Esmay
JC Sup't.