

JONES COUNTY EXTRA CURRICULAR POLICY

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JONES COUNTY SCHOOL DISTRICT 37-3

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CHANGES TO POLICIES

The information in this policy is provided for students and parents. It is accurate at the time of printing, but is subject to change when deemed appropriate. Any such changes may be implemented without prior notification and, unless specified otherwise, are effective when made. The online policy is the official version of the policy. Visit <https://jonesco.k12.sd.us> for the most current information.

The term extracurricular activity means any activity sanctioned by the South Dakota High School Activities Association (SDHSAA) (e.g. athletics, chorus, band, journalism, student council).

NON-DISCRIMINATION NOTICE

It is the policy of the Jones County School Board (hereinafter "Board") of the District (hereinafter "District") to comply with Federal and State Laws prohibiting discrimination and all requirements imposed by or pursuant to regulations issued thereto, to the end that no person shall, on the grounds of race, color, national origin, creed, religion, sex, marital status, status with regard to public assistance, age or disability, be excluded from participation in, be denied the benefit of, or be otherwise subjected to discrimination under any educational program or in employment, or recruitment, consideration, or selection.

The District has implemented a management system to comply with the provisions the Federal Anti-Discrimination Laws pertaining to schools. The District will evaluate on a continuous basis the District's operation in terms of the requirements of Federal and State Law prohibiting discrimination and will modify any aspects of the district's operation not in conformance. Remedial steps will be taken to eliminate the present effects of past discrimination and data will be maintained of any modifications made and upon request this data will be forwarded to the U.S. Department of Education.

The District has appointed a Title IX Coordinator who has responsibility for the implementation of provisions of Civil Rights Law, who has designed and implemented a training program to acquaint the District's staff with its civil rights responsibilities, who has established and published a grievance procedure for students and staff as required under provisions of Title IX and who has and will disseminate the District's non-discriminatory policy to clients, the general public and others.

***On file in business office and on school website <https://jonesco.k12.sd.us>

INSURANCE

It is important students know that participation in an activity always carries some risk of personal injury. It is essential all students and their parents/guardians understand that personal injury insurance is the responsibility of the family of the student. The Jones County School District does not purchase or carry insurance. As used in this section, the term extracurricular includes any activity sanctioned by the South Dakota High School Activities Association (e.g. athletics, chorus, band, journalism, student council, FFA).

ATTENDANCE ON DAYS OF ACTIVITIES

A student must be in school for at least half (1/2) day (or at the discretion of administration) of a scheduled activity in order to participate, and must have an excused absence. The administration may grant an exception to these limitations. Disciplinary action may be given on a case-by-case basis.

CHURCH NIGHT

Wednesday nights have been reserved for church activities. No formal District events will be scheduled by students or teachers on Wednesday nights. The District is not responsible for conference, district, region or state events that are sometimes scheduled on Wednesdays. Practice sessions must be concluded no later than 6:30 p.m.

EXTRA-CURRICULAR RULES

Extra-curricular rules apply from the date of the first allowable practice/class at the start of the school year to the final day of a state event. During the school year and the season of practice, play or rehearsal, regardless of the quantity, a student shall not:

- Use a beverage containing alcohol; or
- Use or consume, have in possession, buy, sell or give away drugs, tobacco, or any controlled substance; to include e-cigarettes, vaping devices or other such items.

It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by his/her doctor.

PENALTIES

A. First violation

1. Penalty: After confirmation of the first violation, the student shall lose eligibility for the next three (3) contests or events. No exception is permitted for a student who becomes a participant in a treatment program.
2. Recommendation: It is recommended that, when appropriate, the District refer a student to a community agency or a professional individual outside the District for assessment of potential chemical abuse or misuse.

B. Second violation

1. Penalty: After confirmation of the second violation, the student shall lose eligibility for the next eight (8) scheduled contests or events in which the student is a participant. No exception is permitted for a student who becomes a participant in a treatment program.
2. Recommendation: It is recommended that, when appropriate, the District refer a student to a community agency or a professional individual outside the District for assessment of potential chemical abuse or misuse.

C. Third violation

1. Penalty: After confirmation of the third violation, the student shall lose his/her eligibility in all District co-curricular activities for the remainder of the school year.
2. Recommendation: It is recommended that the student be referred for assessment of potential chemical abuse, misuse or dependency by a community agency or a professional individual outside the District.

AN OBSERVATION

No one, including the SDHSAA, expects rules alone to deter students from using chemicals. The clear philosophy and statement of purpose explains the rules and gives direction, encouraging District staff to take an active role in responding to existing chemical use problems, preventing future problems from occurring and promoting the chemical health of all students.

STATE LAW 13-32-9. SCHOOL DISCIPLINE

SDCL 13-32-9 SUSPENSION FROM EXTRACURRICULAR ACTIVITIES FOR CONTROLLED SUBSTANCE VIOLATIONS. 13-32-9. Suspension from extracurricular activities for controlled substances violation--Unified Judicial System to give certain notices. Any person adjudicated, convicted, the subject of an informal adjustment or court-approved diversion program, or the subject of a suspended imposition of sentence or suspended adjudication of delinquency for possession, use, or distribution of controlled drugs or substances or marijuana as defined in chapter 22-42, or for ingesting, inhaling, or otherwise taking into the body any substances as prohibited by § 22-42-15, is ineligible to participate in any extracurricular activity at any secondary school accredited by the Department of Education for one calendar year from the date of adjudication, conviction, diversion, or suspended imposition of sentence. The one-year suspension may be reduced to thirty calendar days if the person participates in an assessment with a certified or licensed addiction counselor. If the assessment indicates the need for a higher level of care, the student is required to complete the prescribed program before becoming eligible to participate in extracurricular activities. Upon a second adjudication, conviction, diversion, or suspended imposition of a sentence for possession, use, or distribution of controlled drugs, substances, or marijuana as defined in chapter 22-42, or for ingesting, inhaling, or otherwise taking into the body any substance as prohibited by § 22-42-15, by a court of competent jurisdiction, that person is ineligible to participate in any extracurricular activity at any secondary school accredited by the Department of Education for one year from the date of adjudication, conviction, diversion, or suspended imposition of sentence. The one year suspension may be reduced to sixty calendar days if the person completes an accredited intensive prevention or treatment program. Upon a third or subsequent adjudication, conviction, diversion, or suspended imposition of sentence for possession, use, or distribution of controlled drugs or substances or marijuana as defined in chapter 22-42, or for ingesting, inhaling, or otherwise taking into the body any substances as prohibited by § 22-42-15, by a court of competent jurisdiction, that person is ineligible to participate in any extracurricular activity at any secondary school accredited by the Department of Education. Upon such a determination in any juvenile court proceeding, the Unified Judicial System shall give notice of that determination to the South Dakota High School Activities Association and the chief administrator of the school in which the person is participating in any extracurricular activity. The Unified Judicial System shall give notice to the chief administrators of secondary schools accredited by the Department of Education for any such determination in a court proceeding for any person eighteen to twenty-one years of age without regard to current status in school or involvement in extracurricular activities. The notice shall include name, date of birth, city of residence, and offense. The chief administrator shall give notice to the South Dakota High School Activities Association if any such person is participating in extracurricular activities.

Upon placement of the person in an informal adjustment or court-approved diversion program, the state's attorney who placed the person in that program shall give notice of that placement to the South Dakota High School Activities Association and chief administrator of the school in which the person is participating in any extracurricular activity.

As used in this section, the term, extracurricular activity, means any activity sanctioned by the South Dakota High School Activities Association. Students are ineligible to participate in activity events, competitions, and performances, but a local school district may allow a student to participate in practices.

13-32-9.1. Consequences imposed by local school districts. No local school board may impose a lesser consequence than those established in § 13-32-9, but a local school district may adopt a policy, by local school board action, with more strict consequences to meet the needs of the district. Source: SL 2014, ch 88, § 2. 13-32-9.2. Reduced suspensions--Commencement of suspension. If a suspension is reduced pursuant to § 13-32-9, a suspension for a first offense shall make the student ineligible for a minimum of two South Dakota High School Activities Association sanctioned events upon completion of the reduced suspension period. If a suspension is reduced pursuant to § 13-32-9, a suspension for a second offense shall make the student ineligible for a minimum of six South Dakota High School Activities Association sanctioned events upon completion of the reduced suspension period. To count toward the minimum number of events the student must participate in the entire activity season and may not drop out or quit the activity to avoid suspension and the failure of a student to complete the entire activity season shall

result in the student being ineligible for one year from the date of adjudication, conviction, the subject of an internal adjustment or court approved diversion program, or the subject of a suspended imposition of sentence or suspended adjudication of delinquency. A suspension that is not completed by the student during one activity season shall carry over to the next activity season in which the student participates.

A suspension begins on the day following the notification to a school administrator by the Unified Judicial System that a student has been adjudicated, convicted, the subject of an informal adjustment or court approved diversion program, or the subject of a suspended imposition of a sentence or a suspended adjudication of delinquency for possession, use, or distribution of controlled drugs, substances, or marijuana as defined in chapter 22-42, or for ingesting, inhaling, or

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otherwise taking into the body any substance prohibited by § 22-42-15 and the school administrator gives notice to the South Dakota High School Activities Association and the students. Source: SL 2014, ch 88, § 3.

ACADEMIC ELIGIBILITY

Let it be noted that the Board encourages participation in all activities and District sponsored activities; however, academics come first.

1. It is recommended that high school students participate in some co-curricular District activity.
2. According to standards set by the SDHSAA and the Board, students must pass at least four (4) subjects (20 hours) at the end of any given semester. Those students not passing at least four (4) subjects are ineligible for the entire succeeding semester in any District-sponsored activity. District-sponsored activities include, but are not limited to athletics (football, volleyball, cross-country, basketball, golf, track, cheerleading), music (Jazz Choir, All-State Band, All-State Chorus Student Council, FFA and school play).
3. Grades will be checked weekly to determine academic eligibility. Grades will be checked starting the second week of each quarter for the eligibility period. The ineligible period will last from Monday through Sunday. Grades will be checked by 8 a.m. on Monday or, in the event of a District closure, the first school day of the week. Students who are found to be ineligible may not participate in District sponsored athletic contests or fine arts activities or contests for the remainder of the week. Students that are ineligible are not allowed to travel with their team to out of town contests, but are expected to participate in practice sessions during the ineligible period. If the student is ineligible for three (3) or more consecutive weeks, the student will not be allowed to participate in practice sessions, and will be required to work with the teacher(s) he/she is ineligible for after school until the student is once again eligible. At the end of the fall semester, students who are found to be ineligible will continue to be ineligible through the Christmas Break until the start of the spring semester. Ineligibility status will not be carried over from spring semester to fall semester.
4. Exception: Chorus and band are co-curricular programs that are used as part of a student's grade. A student may not be withheld from participation in regularly scheduled chorus or band events due to academic ineligibility, except as defined in Number 2 above.

SDHSAA ACTIVITY ELIGIBILITY REQUIREMENTS

The District is a member of the SDHSAA, and conforms to all requirements as set forth yearly in the SDHSAA Official Handbook. Pupils will be informed of these requirements by their teachers and/or coaches in the respective activities. www.sdhsaa.com

SDHSAA Eligibility—You Are Eligible if:

1. Under the age of 20;
2. Have not attended more than four first semesters and four second semesters of school in Grades 9-12. Enrollment in school for fifteen (15) school days or participation in an inter-school contest shall constitute a semester;

3. Enrolls in Grade 9, all semesters must be consecutive unless waived due to illness, injury or other circumstances of a similar serious nature which must be verified in writing by a licensed health professional or other professional personnel if requested by the SDHSAA;
4. Have met the eligibility rule;
5. Are entering high school for the first time, you shall have successfully passed twenty (20) hours of high school work per week, for which academic units of credits earned are used in the issuance of a diploma, for the preceding or for the most recent semester of attendance in any accredited high school;
6. Have enrolled by the 16th school day of the current semester. Date of regular entry into classes is considered the date of enrollment;
7. Have on file in the principal's office a signed physical examination and parent's permit form;
8. Have not transferred from one high school to another without a corresponding change in the residence of your parents. Exception made for students who transfer pursuant to the open-enrollment by-law;
9. Have a copy of your transcript on file in the principal's office prior to competition;
10. Have not been absent from school more than ten (10) consecutive school days. (Illness of the student or death in the immediate family accepted);
11. During a high school sport season, you do not compete on an unattached basis as an individual or a member of a non-school team;
12. Have not participated in an athletic contest under an assumed name;
13. Have not participated in athletics in any institution of learning of higher rank than a standard secondary school;
14. Have not violated your amateur standing; or
15. Have not graduated from a regular four-year high school or institution of equivalent rank.

LETTERING SPECIFICATIONS

A head coach, sponsor or director, in consultation and with the approval of the activities director, may waive the following and award a varsity letter to the participant, who, in the coach's, sponsor's or director's judgment, has made a worthy contribution to the activity and to the District.

- Football—Must participate in a minimum of half (1/2) of the total quarters played for the season.
- Volleyball—Must participate in a minimum of third (1/3) of the total sets played for the season.
- Cross Country—Must medal in two (2) varsity meets and must have beat another competitor in each meet.
- Basketball—Must participate in a minimum of third (1/3) of the total quarters played for the season.
- Track—Must medal in two (2) varsity meets with more than six (6) teams and must beat another competitor in each meet.
- Golf—Must medal in a varsity meet or qualify for the State Golf meet.
- Cheerleading—Must participate in three-fourths (3/4) of all scheduled practices and games.

JUNIOR HIGH PARTICIPATION ON HIGH SCHOOL TEAMS

The District realizes that every individual is different, and there will be occasions where moving students to a varsity/junior varsity team is justified. The Board will look at numbers each year to determine if junior high needs to move up in order to have a JV/varsity squad.

Furthermore, the District also realizes the academic, social, emotional, and physical stresses such a move places on a child. Thus, the following policy will be used to determine if an individual student will be allowed to move from the junior high program to the varsity/junior varsity program.

People to be involved in the decision:

- Student-athletes
- Parents/legal guardians
- Varsity coach

- Junior high coach (if in season)
- Athletic director
- Superintendent or dean of students

Factors to discuss considering allowing students to participate in the varsity/junior varsity program:

- Number of athletes participating at the varsity/junior varsity level;
- Impact to the junior high program;
- Impact to the varsity/junior varsity program;
- Emotional, social, and academic maturity of the student involved.

The varsity head coach must be the one to initiate the request to move junior high students up to the varsity/junior varsity level. The varsity coach should have his/her decision as to whether to move students up to the varsity/junior varsity level completed by the first day of high school practice. Coaches should know by then how many students they will have participating.

TRANSPORTATION

The District will provide transportation for participants to extra-curricular contests and events. Students will be required to follow the Transportation Rules and Regulations as outlined in the Student Handbook. If students must leave a contest with their parents/legal guardians, the parent/legal guardian must make arrangements with the team's head coach or activity sponsor directly. A sign-out sheet signature is required from the parent/legal guardian if a student is to use non-school District transportation. Prior parental permission is required if a student must be dropped off near his/her home on a return trip. Suspension from the next contest is possible if a participant is found violating any of the transportation rules. Participants should:

- Be ready at scheduled departure times;
- Dress appropriately and properly as determined by the head coach and weather;
- Keep the bus/vehicle clean; and
- Notify parents/guardians of the return trip and estimated time of arrival.

DUAL ATHLETIC PARTICIPATION

A student may participate in two (2) athletic activities during the fall sport season provided that the practice times for both are not in conflict so that a student may not miss any regularly scheduled practice or contest in an activity without the consent of each coach or advisor. Students may participate in cross-county and volleyball or cross country and football. Students may participate in football cheerleading and volleyball or boys basketball cheerleading and girls basketball. No other dual participation seasons will be allowed. Request for dual participation requires a meeting between the student, athletic director, parents/legal guardians and both coaches for establishing a participation plan.

GROOMING AND DRESS REQUIREMENTS

Students representing the District are expected to be well groomed and conduct themselves as ladies and gentlemen. Appearance, expression, and actions always influence people's opinions of participants, teams, and the District. Once a student has volunteered to be a member of a squad, that student has made a commitment to uphold certain standards of participation of the District extra-curricular department.

In order to further good sportsmanship, maintain good health habits, promote good performance, display respect for rules and authority, help establish leadership, team pride, and discipline, and discourage disruptive influences – team members will adhere to the following grooming and dress policies:

- Team members will dress presentably at all times, on trips, assemblies, or at extra-curricular event;
- On contest/game days, students will dress and groom in a manner which reflects credit to the District, community, and themselves; and
- Each individual coach or activity director may have rules of his/her own which must be adhered to by the participant or he/she will not take part in the activity.

PARENTS

We encourage parents/legal guardians to be positive and supportive in their relationship with both the student/participant and coach/director in each activity. Parents/guardians will not attempt to persuade a coach/director to manage his/her program in any way, including, but not limited to, playing time, play calling, team strategy or other students. Parents/guardians may not approach the coach/director with concerns immediately following a contest or send e-mails. Any concerns about the program should first be addressed to the coach/director by appointment 24-hours or more after the contest. No calls, letters or e-mails should be addresses to a coach's home or outside of school. If resolution is not reached, the parent must follow the proper chain of command; however, all concerns should be handled at the lowest possible level. The proper chain of command is as follows: coaching staff; athletic director; District administrator (dean of students/superintendent); Board.

COACHES REQUIREMENTS

Starting with the 2014-2015 school year, all coaches at the high school, junior high and elementary levels are required to take the following coursework and must have the coursework completed between the dates of July 1 and August 15 of each succeeding year:

1. *Fundamentals of Coaching* (one-time requirement);
2. *First Aid, health and Safety for Coaches* (must be taken every two years); and
3. *Concussion in Sport: What You Need to Know* (must be taken annually).

SCHEDULING OF EVENTS

While it may be unavoidable at times, it is recommended that students are not to miss more than one day of school per week for an extra-curricular contest or event. When scheduling events, this should be taken into consideration.

PHYSICAL AND CONSENT FORMS

Students in Grades 5-12 who plan on participating on athletic teams are required to have a physical taken each school year. All consent forms must be reviewed and signed by both the student and their parent/legal guardian before the student can practice with their team.

CODE OF CONDUCT

Athletic and extra-curricular activities are sanctioned by the SDHSAA with the sole purpose to provide a positive experience and to educationally enrich our students. The District has a proud tradition of honor in all athletic and extra-curricular activities, and expect the athletes, performers and their audience to uphold that tradition by maintaining the highest standards of performance, behavior and leadership. All spectators, officials, and participants are expected to conduct themselves in a manner that promotes good sportsmanship and fair play. Behavior that is a detriment to the contest and the spirit in which it is held is greatly discouraged. Athletic and extra-curricular contests are held to promote the student, their Districts and their communities and all in attendance are asked to join in encouraging and supporting those students, coaches and officials involved in the competition.

Acceptable Behavior Includes

- Accepting all decisions of officials;
- Treating the competition as a game;
- Giving credit for outstanding effort regardless of the activity;
- Showing concern for *any* injured player; and
- Encouraging the audience to display only the best sportsmanlike conduct.

Unacceptable Behavior Includes

- Trash talk, taunting, and other intimidating actions on behalf of players or spectators;
- Displaying disgust for official's calls; name calling to distract opponents;
- Refusing to shake hands or give credit to opponents;
- Blaming the loss of a game on coaches, players, or officials;
- Using profanity or displays of anger that draws attention away from the performance;
- Throwing objects or trash on the playing floor/field; and
- Any action, that is inappropriate or unprofessional, that is intended to draw attention to oneself including any cell phone violations or negative social media.

Any person, including adults, who behave in an unsportsmanlike manner during an athletic or extracurricular event may be ejected from the event or denied admission to future events for conduct that includes, but is not limited to: any of the above listed unacceptable behaviors; using vulgar or obscene language; possessing or being under the influence of any alcoholic beverage or illegal substance; possessing a weapon; fighting or otherwise striking or threatening another person; failing to obey a security officer, official, or District employee; and engaging in any activity which is illegal or disruptive.

CONCUSSION POLICY

A concussion is any alteration of mental status due to a sudden, and violent, rocking of the brain inside of the skull caused by a traumatic blow to the head or upper body. Concussion symptoms, which can last various lengths of time, may include: headache, nausea, vomiting, balance problems, dizziness, fatigue, drowsiness, sensitivity to light, sensitivity to noise, irritability, sadness, feeling foggy or groggy, visual problems, nervousness, feeling more emotional, difficulty concentrating, trouble sleeping, and difficulty remembering.

Most athletes who experience an initial concussion can recover completely as long as they are not returned to exertion or contact too soon. An athlete who returns to play too soon before the brain has had time to heal is at greater risk for further, more serious injury.

In accordance with improved understanding of concussions the National Federation of State High School Associations (NFHS) has instituted the following rule regarding concussions. Any player who exhibits signs, symptoms, or behaviors consistent with a concussion shall be immediately removed from the game and shall not return to play until cleared by an appropriate health care professional.

Understanding the danger of concussion injuries to our student athletes the District coaching staff will adhere to the following action plan:

1. The coach will remove the participant from play. Athletes may be sent off the field of play by an official who **suspects** a head injury. (Officials are not making a determination of a concussion but can send a player out of a contest for evaluation. It is important to note that the responsibility of the officials is limited to activities that occur on the field, court or mat.) Once the participant has been removed from a contest due to a suspected concussion, the coach or appropriate health-care professional(s) assumes full responsibility for that athlete's further evaluation and safety.
2. The coach, an assistant coach, or administrator will inform the student athletes' parents or guardians about the possible concussion.
3. The coach will keep the student athlete out of play the day of the suspected concussion injury and will not allow them to return to play. If in doubt, the coach will sit them out.
4. The Return to Competition form must be completed before the student athlete will be allowed to return to participate after a concussion.

It will be the policy of the District that when an athlete exhibits signs of a concussion either at a game or practice that the athlete will not participate until they have been cleared to play by a healthcare professional and their parents. The Return to Competition Form may be found at the end of the handbook.

JONES COUNTY SCHOOL DISTRICT 37-3

**RETURN TO COMPETITION FORM
PRACTICE, OR TRAINING**

This form is to be used after a youth athlete is removed from, and not returned to, competition, practice, or training after exhibiting concussion symptoms. The youth athlete should not be returned to competition, practice, or training until written authorization is obtained from an appropriate health care professional and the parent/guardians. A licensed health care provider is a person who is:

1. Registered, certified, licensed, or otherwise recognized in law by the State of South Dakota to provide medical treatment; and
2. Trained and experienced in the evaluation, management, and care of concussions.

This form should be kept on file at the District and need not be forwarded to the SDHSAA Office.

Athlete: _____ School: _____ Grade: _____

Sport: _____ Date of Injury: _____

REASON FOR ATHLETE’S INCAPACITY

Guidelines for returning to competition, practice, or training after a concussion

Note: Each step should be completed with no concussion symptoms before proceeding to the next step.

1. No activity, complete rest with no symptoms.
2. Light exercises: walking or stationary cycling with no symptoms.
3. Sport specific activity without body contact and no symptoms.
4. Practice without body contact and no symptoms. Resume resistance training.
5. Practice with body contact and no symptoms.
6. Return to game play with no symptoms.

Note:

- If symptoms return at any time during the rehabilitation process, wait until asymptomatic for 1 full day, then re-start at the previous step.
- Never return to competition with symptoms.
- Do not use “smelling salts”.
- When in doubt, sit them out.

HEALTH CARE PROFESSIONAL’S ACTION

I have examined the named student-athlete following this episode and determined the following:

_____ **Permission is granted** for the athlete to return to competition, practice, or training

_____ **Permission is not granted** for the athlete to return to competition, practice, or training

COMMENT: _____

Health Care Professional _____ Date

Parent/Guardian _____ Date:

District Administrator _____ Date: